

SIMPLE DIRECTIONS



USE THE STEPS
TRAVEL BEYOND THIS POINT W/O
A SPONSOR IS NOT ADVISE

STEPS 4, 5, 6 and 7

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Barefoot Bob, barefootsworld.org,

The many speakers on 12-Step process who have spoken in meetings, conventions, round-ups, workshops and classes (available for free download through xa-speakers.org),

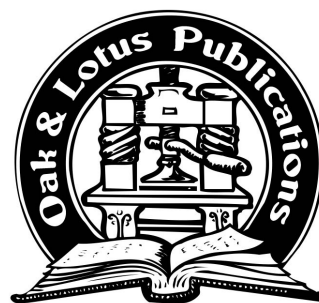
Cliff D., Copy Editor

This is not presented as, nor intended to be, the *only* approach to a Fourth Step Inventory. It is based on Chapter Five of the book Alcoholics Anony-

mous with additional material as developed by various speakers available for free on <http://xa-speakers.org>.

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Sources

This guide is not the idea of one person.

"Circuit speakers" at conventions of Alcoholics Anonymous have added their impact to the Inventory process. Dozens of excellent speakers are available for free download from xa-speakers.org. These represent hundreds of sober-years of experience in the process of 12-Step recovery and the process of working those Steps. Additional material was made available on the internet through several excellent sources of documents, podcasts, workshop materials, speaker recordings and original essays to even more of our shared experience strength and hope.

A list of sites is included in the back of this book and you are encouraged to explore these web sites, but not at the expense of postponing your Fourth Step.

Above all you will have the experience of your Sponsor to help you overcome your personal obstacles to the massive housecleaning and correction that began when you accepted the truth of the First Step.

If your Sponsor says anything that conflicts with this guide go with what your Sponsor has to say for your personal program

There is only one way to do the Inventory wrong, and that is to not do one!

*Joe A., Anonymous Review
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